



**FRIENDS UNIVERSITY OUTDOOR TRACK & FIELD QUALIFIER  
WICHITA, KS  
SATURDAY, APRIL 2, 2011**

**Site:** Adair Austin Stadium at Friends University, 2100 W University Ave, Wichita, KS 67208

**Starting Time:** Field Events 9:00 AM - Running Events 10:00 AM

**Entries:** Entries must be completed online at [www.directathletics.com](http://www.directathletics.com). Entries will be accepted beginning Monday, March 21. **ALL DECLARATIONS ARE FINAL AS OF 10:00 PM THURSDAY, MARCH 31.** Scratches may be made in advance by e-mailing [sports@enduro.us](mailto:sports@enduro.us) or on site. NCAA and NAIA schools must have TFFRS numbers assigned to your athletes in order to be entered.

**Web Address:** [www.friendsathletics.com](http://www.friendsathletics.com) or [www.classicatfriends.com](http://www.classicatfriends.com)

**Confirmation:** Coaches will be able to view heat sheets at [www.classicatfriends.com](http://www.classicatfriends.com) and upon check-in Saturday, April 2. Scratches after the declaration time must be emailed to [sports@enduro.us](mailto:sports@enduro.us) or to the Meet Director, Matt Kennedy, at [matt\\_kennedy@friends.edu](mailto:matt_kennedy@friends.edu).

**Entry Fee:** \$150.00 per team (men and women are separate) or \$20.00 per athlete. The entry fee is based on the entered athletes not scratched by declaration time. Make checks payable to Friends University Track & Field. No unattached or open entries on team entry fee.

**Entry Limit:** This is a qualifying meet; please enter only those athletes that are competing for a qualifying performance. Meet director has the authority to limit field within reason to stay within time frame of meet. **Minimum standards for measurement of field event performances will be utilized.**

**Check-In:** Please pick up coaches packets (heat sheets, instructions, etc.) at the press box upon arrival (no additions). A revised time schedule may be based on entry numbers. Pay entry fee when picking up packet or in advance by mail.

**Facilities:** Eurotan S Sandwich Track surface system with eight 42" lanes. Jumping areas stand alone and runways are surrounded with artificial-turf; shot and discus areas are concrete; javelin area is a full grass approach. Infield warm-up area is a Sportexe Momentum 46 brand turf system. For more information, visit [www.friendsathletics.com](http://www.friendsathletics.com).

**Timing & Scoring:** Enduro Timing Systems exceed standards with their Flash Timing system and software while providing professional - accurate F.A.T. timing and results. These standards will improve the overall quality and competition of this event. Team scores will not be kept. Visit [www.classicatfriends.com](http://www.classicatfriends.com) for more information.

**Starter & Head Meet Official:** Richard Ludwig – Most recently the starter at Missouri University, Kansas State, Kansas University, Baker University, the MIAA Conference Championships, and the Kansas Junior College Conference. Ludwig also worked as a referee for the KU Relays as well as the Kansas Junior College Championships. He was the lead official for the MIAA multi events as well as the National Junior College Championships the last two years. Ludwig also served as the starter for the Kansas Junior College Heptathlon Championships in 2009 and has started the Friends University Meet the last two years.

**Spikes:** 1/4" pyramid spikes only.

**Results:** Results will be available shortly after the conclusion of the meet at the press box and online at [www.classicatfriends.com](http://www.classicatfriends.com).

**Trainer:** Trainers will be available during the meet to administer first aid. Please bring your own athletic tape and other necessary supplies.



**FRIENDS UNIVERSITY OUTDOOR TRACK & FIELD QUALIFIER  
WICHITA, KS  
SATURDAY, APRIL 2**

----- **FIELD EVENTS** -----

**9:00 AM**

- ❖ Javelin                      Women / Men                      30.49 minimum / 36.59 minimum
- ❖ Pole Vault                      Women / Men
- ❖ Long Jump                      Men / Women (West Pit)
- ❖ Triple Jump                      Women / Men (East Pit)
- ❖ Shot Put                      Men / Women                      11.89 minimum / 10.68 minimum

**11:00 AM – Or Following Completion of Men’s Javelin**

- ❖ Discus                      Women / Men                      30.49 minimum / 36.59 minimum
- ❖ High Jump                      Women / Men

**1:00 PM – Or Following Completion of Men’s Discus**

- ❖ Hammer                      Women / Men                      29.57 minimum / 36.59 minimum

Minimum standards for measurement of field event performances will be utilized  
On site warm-up time will be limited before all throwing events  
Absolutely no throwing implements on infield turf

----- **RUNNING EVENTS** -----

- 9:00 AM**                      10,000 Meters                      Women / Men
- 10:00 AM**                      5,000 Meters                      Event will be combined unless entries warrant separate races
- 11:00 AM**                      4x800 Meter Relay                      Women / Men
- 12:00 PM**                      4x100 Meter Relay                      Women / Men
- 12:10 PM**                      1500 Meter                      Women / Men
- 12:30 PM**                      100 Meter Hurdles                      Women
- 12:40 PM**                      110 Meter Hurdles                      Men
- 12:50 PM**                      400 Meters                      Women / Men
- 1:10 PM**                      100 Meters                      Women / Men
- 1:30 PM**                      **Track Dedication**
- 1:50 PM**                      800 Meters                      Women / Men
- 2:05 PM**                      400 Meter Low Hurdles                      Women
- 2:15 PM**                      400 Meter Intermediate Hurdles                      Men
- 2:25 PM**                      200 Meters                      Women / Men
- 2:45 PM**                      3,000 Steeple                      Women / Men
- 3:20 PM**                      4x400 Meter Relay                      Women / Men

All running events will be seeded by time and run as a final